

**NHS**

South Central  
Ambulance Service  
NHS Foundation Trust



SEAS  
KIDS  
2017  
CALENDAR

1	Sun	New Year's Day
2	Mon <i>Wk1</i>	Bank Holiday
3	Tue	
4	Wed	
5	Thu	
6	Fri	
7	Sat	
8	Sun	
9	Mon <i>Wk2</i>	
10	Tue	
11	Wed	
12	Thu	
13	Fri	
14	Sat	
15	Sun	
16	Mon <i>Wk3</i>	
17	Tue	
18	Wed	
19	Thu	
20	Fri	
21	Sat	
22	Sun	
23	Mon <i>Wk4</i>	
24	Tue	
25	Wed	
26	Thu	
27	Fri	
28	Sat	
29	Sun	
30	Mon <i>Wk5</i>	
31	Tue	



## BE WARM

Wrap up well! Wear several light layers of warm clothes (rather than one chunky layer).

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**SCASKIDS**

Congratulations to the winners of the colouring competition: Abbey Woods Academy, Wallingford; Faringdon Junior School; The King's School, Fair Oak, Eastleigh

## JANUARY 2017

### DECEMBER 2016

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
48				1	2	3	4
49	5	6	7	8	9	10	11
50	12	13	14	15	16	17	18
51	19	20	21	22	23	24	25
52	26	27	28	29	30	31	

### FEBRUARY 2017

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
5			1	2	3	4	5
6	6	7	8	9	10	11	12
7	13	14	15	16	17	18	19
8	20	21	22	23	24	25	26
9	27	28					



1	Wed
2	Thu
3	Fri
4	Sat
5	Sun
6	Mon <i>Wk6</i>
7	Tue
8	Wed
9	Thu
10	Fri
11	Sat
12	Sun
13	Mon <i>Wk7</i>
14	Tue
15	Wed
16	Thu
17	Fri
18	Sat
19	Sun
20	Mon <i>Wk8</i>
21	Tue
22	Wed
23	Thu
24	Fri
25	Sat
26	Sun
27	Mon <i>Wk9</i>
28	Tue
1	Wed
2	Thu
3	Fri



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## FEBRUARY 2017

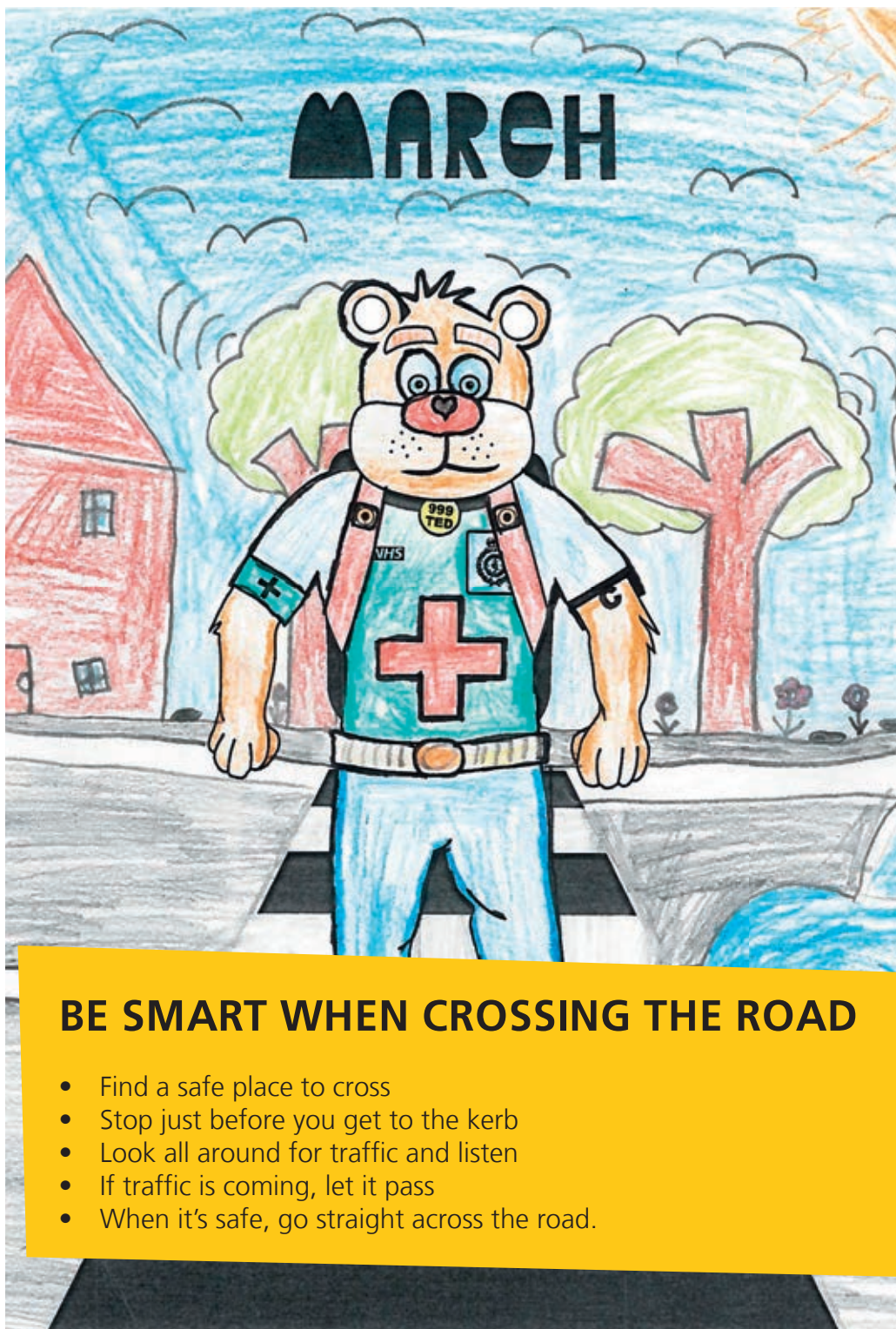
### JANUARY 2017

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
52	30	31					1
1	2	3	4	5	6	7	8
2	9	10	11	12	13	14	15
3	16	17	18	19	20	21	22
4	23	24	25	26	27	28	29

### MARCH 2017

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
9			1	2	3	4	5
10	6	7	8	9	10	11	12
11	13	14	15	16	17	18	19
12	20	21	22	23	24	25	26
13	27	28	29	30	31		

1	Wed
2	Thu
3	Fri
4	Sat
5	Sun
6	Mon <small>Wk10</small>
7	Tue
8	Wed
9	Thu
10	Fri
11	Sat
12	Sun
13	Mon <small>Wk11</small>
14	Tue
15	Wed
16	Thu
17	Fri
18	Sat
19	Sun
20	Mon <small>Wk12</small>
21	Tue
22	Wed
23	Thu
24	Fri
25	Sat
26	Sun
27	Mon <small>Wk13</small>
28	Tue
29	Wed
30	Thu
31	Fri



## BE SMART WHEN CROSSING THE ROAD

- Find a safe place to cross
- Stop just before you get to the kerb
- Look all around for traffic and listen
- If traffic is coming, let it pass
- When it's safe, go straight across the road.

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## MARCH 2017

### FEBRUARY 2017

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
5			1	2	3	4	5
6	6	7	8	9	10	11	12
7	13	14	15	16	17	18	19
8	20	21	22	23	24	25	26
9	27	28					

### APRIL 2017

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
13						1	2
14	3	4	5	6	7	8	9
15	10	11	12	13	14	15	16
16	17	18	19	20	21	22	23
17	24	25	26	27	28	29	30



1	Sat	
2	Sun	
3	Mon	Wk14
4	Tue	
5	Wed	
6	Thu	
7	Fri	
8	Sat	
9	Sun	
10	Mon	Wk15
11	Tue	
12	Wed	
13	Thu	
14	Fri	Good Friday
15	Sat	
16	Sun	Easter Sunday
17	Mon	Wk16 Easter Monday
18	Tue	
19	Wed	
20	Thu	
21	Fri	
22	Sat	
23	Sun	
24	Mon	Wk17
25	Tue	
26	Wed	
27	Thu	
28	Fri	
29	Sat	
30	Sun	
1	Mon	

**BE HAYFEVER SAVVY** - Do you have a runny nose or are you sneezing every day for part of the year but not winter? You may be allergic to something. Tell a parent or carer so they can find out what they can do to make you feel better.

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**APRIL 2017**

**MARCH 2017**

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
9			1	2	3	4	5
10	6	7	8	9	10	11	12
11	13	14	15	16	17	18	19
12	20	21	22	23	24	25	26
13	27	28	29	30	31		

**MAY 2017**

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
18	1	2	3	4	5	6	7
19	8	9	10	11	12	13	14
20	15	16	17	18	19	20	21
21	22	23	24	25	26	27	28
22	29	30	31				

1	Mon	Wk18	Bank Holiday
2	Tue		
3	Wed		
4	Thu		
5	Fri		
6	Sat		
7	Sun		
8	Mon	Wk19	
9	Tue		
10	Wed		
11	Thu		
12	Fri		
13	Sat		
14	Sun		
15	Mon	Wk20	
16	Tue		
17	Wed		
18	Thu		
19	Fri		
20	Sat		
21	Sun		
22	Mon	Wk21	
23	Tue		
24	Wed		
25	Thu		
26	Fri		
27	Sat		
28	Sun		
29	Mon	Wk22	Bank Hol-
30	Tue		
31	Wed		



## BE OUTDOORS SAFE

Fly kites or balloons with a string only in open areas, away from overhead railway or power cables as these could kill you if they make contact with the kite or balloon.

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**MAY2017**

### APRIL 2017

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
13						1	2
14	3	4	5	6	7	8	9
15	10	11	12	13	14	15	16
16	17	18	19	20	21	22	23
17	24	25	26	27	28	29	30

### JUNE 2017

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
22				1	2	3	4
23	5	6	7	8	9	10	11
24	12	13	14	15	16	17	18
25	19	20	21	22	23	24	25
26	26	27	28	29	30		

1	Thu
2	Fri
3	Sat
4	Sun
5	Mon <small>Wk23</small>
6	Tue
7	Wed
8	Thu
9	Fri
10	Sat
11	Sun
12	Mon <small>Wk24</small>
13	Tue
14	Wed
15	Thu
16	Fri
17	Sat
18	Sun
19	Mon <small>Wk25</small>
20	Tue
21	Wed
22	Thu
23	Fri
24	Sat
25	Sun
26	Mon <small>Wk26</small>
27	Tue
28	Wed
29	Thu
30	Fri
1	Sat



## BE BBQ SAFE

You may get burnt if you go very close to the BBQ as they are very hot. You should also not play too close to the BBQ in case you trip, knock it over and burn yourself.

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**JUNE 2017**

**MAY 2017**

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
18	1	2	3	4	5	6	7
19	8	9	10	11	12	13	14
20	15	16	17	18	19	20	21
21	22	23	24	25	26	27	28
22	29	30	31				

**JULY 2017**

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
26	31					1	2
27	3	4	5	6	7	8	9
28	10	11	12	13	14	15	16
29	17	18	19	20	21	22	23
30	24	25	26	27	28	29	30



1	Sat
2	Sun
3	Mon <small>Wk27</small>
4	Tue
5	Wed
6	Thu
7	Fri
8	Sat
9	Sun
10	Mon <small>Wk28</small>
11	Tue
12	Wed
13	Thu
14	Fri
15	Sat
16	Sun
17	Mon <small>Wk29</small>
18	Tue
19	Wed
20	Thu
21	Fri
22	Sat
23	Sun
24	Mon <small>Wk30</small>
25	Tue
26	Wed
27	Thu
28	Fri
29	Sat
30	Sun
31	Mon <small>Wk31</small>



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**JULY 2017**

**JUNE 2017**

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
22				1	2	3	4
23	5	6	7	8	9	10	11
24	12	13	14	15	16	17	18
25	19	20	21	22	23	24	25
26	26	27	28	29	30		

**AUGUST 2017**

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
31		1	2	3	4	5	6
32	7	8	9	10	11	12	13
33	14	15	16	17	18	19	20
34	21	22	23	24	25	26	27
35	28	29	30	31			



1	Tue
2	Wed
3	Thu
4	Fri
5	Sat
6	Sun
7	Mon <small>Wk32</small>
8	Tue
9	Wed
10	Thu
11	Fri
12	Sat
13	Sun
14	Mon <small>Wk33</small>
15	Tue
16	Wed
17	Thu
18	Fri
19	Sat
20	Sun
21	Mon <small>Wk34</small>
22	Tue
23	Wed
24	Thu
25	Fri
26	Sat
27	Sun
28	Mon <small>Wk35</small> <span style="float: right;"><small>Bank Holiday</small></span>
29	Tue
30	Wed
31	Thu

# AUGUST



## BE WATER DANGER SAVVY

Don't go swimming in lakes, rivers, canals or reservoirs - some have unseen currents which can pull you under. The water is also a lot colder than you might expect.

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# AUGUST2017

## JULY 2017

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
26	31					1	2
27	3	4	5	6	7	8	9
28	10	11	12	13	14	15	16
29	17	18	19	20	21	22	23
30	24	25	26	27	28	29	30

## SEPTEMBER 2017

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
35					1	2	3
36	4	5	6	7	8	9	10
37	11	12	13	14	15	16	17
38	18	19	20	21	22	23	24
39	25	26	27	28	29	30	

1	Fri
2	Sat
3	Sun
4	Mon <small>Wk36</small>
5	Tue
6	Wed
7	Thu
8	Fri
9	Sat
10	Sun
11	Mon <small>Wk37</small>
12	Tue
13	Wed
14	Thu
15	Fri
16	Sat
17	Sun
18	Mon <small>Wk38</small>
19	Tue
20	Wed
21	Thu
22	Fri
23	Sat
24	Sun
25	Mon <small>Wk39</small>
26	Tue
27	Wed
28	Thu
29	Fri
30	Sat
1	Sun

# SEPTEMBER



## BE ROAD BIKE SAFE

Always wear your helmet when cycling. Also check that it's the right size for you and fitted correctly.

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# SEPTEMBER 2017

## AUGUST 2017

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
31		1	2	3	4	5	6
32	7	8	9	10	11	12	13
33	14	15	16	17	18	19	20
34	21	22	23	24	25	26	27
35	28	29	30	31			

## OCTOBER 2017

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
39	30	31					1
40	2	3	4	5	6	7	8
41	9	10	11	12	13	14	15
42	16	17	18	19	20	21	22
43	23	24	25	26	27	28	29



1	Sun
2	Mon <small>Wk40</small>
3	Tue
4	Wed
5	Thu
6	Fri
7	Sat
8	Sun
9	Mon <small>Wk41</small>
10	Tue
11	Wed
12	Thu
13	Fri
14	Sat
15	Sun
16	Mon <small>Wk42</small>
17	Tue
18	Wed
19	Thu
20	Fri
21	Sat
22	Sun
23	Mon <small>Wk43</small>
24	Tue
25	Wed
26	Thu
27	Fri
28	Sat
29	Sun
30	Mon <small>Wk44</small>
31	Tue

# OCTOBER



## BE HALLOWEEN SMART

Stay away from candles as your Halloween outfit might catch fire and you could get serious burns.

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# OCTOBER2017

## SEPTEMBER 2017

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
35					1	2	3
36	4	5	6	7	8	9	10
37	11	12	13	14	15	16	17
38	18	19	20	21	22	23	24
39	25	26	27	28	29	30	

## NOVEMBER 2017

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
44			1	2	3	4	5
45	6	7	8	9	10	11	12
46	13	14	15	16	17	18	19
47	20	21	22	23	24	25	26
48	27	28	29	30			

1	Wed
2	Thu
3	Fri
4	Sat
5	Sun
6	Mon Wk45
7	Tue
8	Wed
9	Thu
10	Fri
11	Sat
12	Sun
13	Mon Wk46
14	Tue
15	Wed
16	Thu
17	Fri
18	Sat
19	Sun
20	Mon Wk47
21	Tue
22	Wed
23	Thu
24	Fri
25	Sat
26	Sun
27	Mon Wk48
28	Tue
29	Wed
30	Thu
1	Fri



## BE BONFIRE SMART

Keep a good and safe distance from fires and fireworks as you might get burnt if you go too close. Be careful when using sparklers.

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# NOVEMBER2017

## OCTOBER 2017

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
39	30	31					1
40	2	3	4	5	6	7	8
41	9	10	11	12	13	14	15
42	16	17	18	19	20	21	22
43	23	24	25	26	27	28	29

## DECEMBER 2017

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
48					1	2	3
49	4	5	6	7	8	9	10
50	11	12	13	14	15	16	17
51	18	19	20	21	22	23	24
52	25	26	27	28	29	30	31



1	Fri
2	Sat
3	Sun
4	Mon <small>Wk49</small>
5	Tue
6	Wed
7	Thu
8	Fri
9	Sat
10	Sun
11	Mon <small>Wk50</small>
12	Tue
13	Wed
14	Thu
15	Fri
16	Sat
17	Sun
18	Mon <small>Wk51</small>
19	Tue
20	Wed
21	Thu
22	Fri
23	Sat
24	Sun <small>Christmas Day</small>
25	Mon <small>Wk52</small> <small>Boxing Day</small>
26	Tue
27	Wed
28	Thu
29	Fri
30	Sat
31	Sun

# DECEMBER



## BE NASTY GERMS FREE

You don't want to be in bed with the flu during the Christmas holidays, so remember to cover your mouth and nose with a tissue when you sneeze. Then you should put the tissue in the bin and also wash your hands as soon as you can.

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## NOVEMBER 2017

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
44			1	2	3	4	5
45	6	7	8	9	10	11	12
46	13	14	15	16	17	18	19
47	20	21	22	23	24	25	26
48	27	28	29	30			

## JANUARY 2018

Wk	Mon	Tue	Wed	Thu	Fri	Sat	Sun
1	1	2	3	4	5	6	7
2	8	9	10	11	12	13	14
3	15	16	17	18	19	20	21
4	22	23	24	25	26	27	28
5	29	30	31				